The MARA (Mandibular Anterior Repositioning Appliance) is a simple and durable Class II corrector. The appliance is attached to the patient’s first molars with stainless steel crowns. Heavy-duty or Rollo bands may also be used. The advantage of a “noncompliance” approach to Class II correction is reliability and shortened treatment time.

The upper “elbows” are removable, allowing the clinician to make adjustments. Patients generally adapt to the MARA in a few days and sore spots are minimal. The lower “arms” are permanently attached.

Upper and lower archwire tubes with hooks are standard features, allowing the clinician the option of using fixed mechanics during MARA therapy.

A lower lingual arch is also a standard element of the appliance. Other popular options include an upper Transpalatal Bow (TPA), and a variety of palatal expansion screws and habit devices. An accessory kit of parts is available, which includes advancement spacers, extra elbows and a torquing tool to aid in adjusting the elbow if required.

The smaller size of the appliance increases comfort and aesthetic appeal for patients.